



Become a supporting member of the DCO community and make a significant difference in the lives of others...

Distress Centres (DC's) across Ontario offer support and a variety of services to their communities. At a DC you can find a listening ear for lonely, depressed, and/or suicidal people, usually 24 hours a day, 7 days a week. Many centres also have Suicide Survivor programs, support services for youth, telephone call out programs for seniors and vulnerable people, mental health Crisis Lines services and much more.



Distress Centres provide their listening and referral services primarily through highly trained and committed volunteers. The staffs of Distress Centres are knowledgeable individuals who insure the highest levels of support to the individuals in their communities and innovation in service provision.

DCO is funded by the Ministry of Health and Long-Term Care. We sincerely appreciate their support, but we also appreciate your support as an Individual Member with Student or Senior status.

Distress Centres Ontario offers a variety of Membership opportunities: Organization Membership, Associate Membership, Individual Membership and Student/Senior Membership.

STUDENT/SENIOR MEMBERSHIP

Student/Senior Members are those who are interested in the mission and vision of Distress Centres Ontario and support the services of the distress centres and lines throughout the province. Evidence of active student and senior status (as appropriate) is required.

What are the benefits of a Student/Senior Membership?

- Access to information about educational initiatives (including web based, on-line and in-person)
- Access to information about DCO Educational Forums and conferences
- Subscription to DCO's monthly e bulletin – the e-News + Views
- Access to information about the service statistics of distress lines provincially
- Receipt of the DCO Annual Report and well as Special Reports as published
- Electronic updates of special events and information in the network
- Members-only access to the Suicide Knowledge Transfer Network

Annual Dues 2010/2011

\$25

Please complete the Membership Application form, indicate the type of membership you are seeking and return the form by fax or email or mail along with your cheque made payable to "Distress Centres Ontario."

For further information please call, or email us at info@dcontario.org