April is the month to celebrate volunteers. As we close out the month, DCO would like to take this opportunity to thank all the volunteers who work in the distress and crisis movement. Your service, support, and dedication help keep those in our communities who are vulnerable or at-risk safe. We greatly appreciate what you do.

April 2018

**Learning Forums: Aging and the Elderly**

**Part 1: Aging and Cognition**

Members of DCO Learning Forums recently participated in a professional development experience with a focus on Aging and the Elderly. The online webinar format provided a convenient way to reach attendees from DCO’s member organizations across Ontario, Quebec, and Nunavut.

The four-week series featured a variety of presenters who provided a unique view of aging and the elderly in relation to their particular area of expertise. Brock University neuroscientist and Canada Research Chair, Dr. Karen Campbell, presented the first webinar session, Cognitive and Emotional Aging.

**Read more...**

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**2017 Global Trends in Giving Part 2**

The 2017 Global Trends in Giving Report is a research project aimed to collect international donor data around how online and mobile technology affects giving. In our second part of this two-part series we consider the psychographic impact of gender, generation, and ideology upon giving and volunteerism to help NGOs and not-for-profits apply fundraising strategies to effectively reach donors and supporters.

**Read more...**

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**Millennial Impact Series Part 1: Why Do Millennials Engage in Cause Movements?**

In the first of three phases of the 2017 Millennial Impact Report, Millennial cause engagement is examined to give insight into how Millennials perceive and define their own cause engagement and what it means for philanthropy and the social good sector in this decade.

Millennial engagement with causes and their interest in social
issues has increased and intensified since the presidential election in November 2016. Millennials interviewed expressed a sense of responsibility for all Americans now to increase their cause engagement and expand their willingness to help even those unfamiliar to them.

Read more...

Women's Mental Health

Gender differences occur particularly in the rates of common mental disorders - depression, anxiety and somatic complaints. These disorders, in which women predominate, affect approximately 1 in 3 people in the community and constitute a serious public health problem.

The disability associated with mental illness falls most heavily on those who experience three or more co-morbid disorders. Again, women predominate.

Read more...

11th Annual Spirit of Volunteerism

Volunteers are DCO and its member centre's most precious asset, and each year Distress and Crisis Ontario recognizes these wonderful people through our Spirit of Volunteerism initiative. This year, eight of our members centres nominated 16 exemplary volunteers they felt met the criteria for the Spirit of Volunteerism recognition. Our Selection Committee carefully reviewed the nominations and had the difficult task of selecting this year's recipients.

Read more...

DCO 2018 Upcoming Events and Schedule of Meetings

DCO Board of Directors
Wednesday, June 13

Finance Committee Meetings
Thursday, May 31
Monday, June 11
Wednesday, October 17
Friday, December 14

DCO Annual General Meeting
Friday, June 22
Location: Hamilton/Burlington

Spirit of Volunteerism Recognition (SOV)
Friday, June 22
Location: Hamilton/Burlington
News from our Member Centres

DID SOMEONE SAY CHOCOLATE? Oh yes, we did! Ottawa Distress Centre's delicious Chocolate Affair Gala happens this Saturday, May 5, at the Shaw Centre from 6:00 - 10:00 pm.

Tickets are on sale NOW! Info here.

When chocolate and charity work together, everyone wins!

Please email us to share your centre's news and upcoming events in e-News & Views.