On September 10th, World Suicide Prevention Day, light a candle near a window at 8 pm to show your support for suicide prevention, to remember a lost loved one, and for the survivors of suicide.

For more information, click the 2018 WSPD brochure.

August 2018

Introducing DCO's 2018 Spirit of Volunteerism Nominees, Part 1

In last month’s e-News + Views, we introduced you to the Spirit of Volunteerism (SOV) recipients. This month, we’re pleased to present the first group of outstanding volunteers nominated for this wonderful recognition. Keep your eyes on next month’s newsletter edition, when we will introduce you to the remaining nominees for our annual SOV recognition.

Read more...

DCO Welcomes New Board Member Glen Katsnelson

With all he is involved with, it is a wonder that new DCO Board Member, Glen Katsnelson, sits still at any given moment. At York University in the Faculty of Health, Glen is moving into a graduate degree where his interest lies in science, research, and experiments in molecular biology. His thesis is focused on the affect of Omega3 fatty acids on muscle metabolism, which can have a profound impact on various diseases like diabetes.

Read more...

Can Schools Reduce Bullying? School Characteristics and the Prevalence of Bullying Behaviours

Bullying is a scourge on society, and being bullied...
in childhood correlates to depression, anxiety, relational difficulties, and low self-esteem in adulthood. In his article, originally published in the British Journal of Educational Psychology, researcher Daniel Muijs, considered how day-to-day school policies and practices relate to bullying in primary (elementary) schools in the UK.

Read more...

Recreational Cannabis in the Workplace: Concerns, Policies, and Duty of Care

In October of this year, recreational cannabis will be legalized in Canada. According to the Conference Board of Canada report, Blazing the Trail: What the Legalization of Cannabis Means for Canadian Employers, 52 percent of employers are concerned about how legalization of recreational cannabis will affect the workplace. In this article, the first of a three-part series on the implications of marijuana legislation, we examine cannabis in the workplace.

Read more...

E-Mental Health Intervention: Design and Development of Reconnecting After a Suicide Attempt (RAFT)

Suicide is a leading cause of death, particularly among young people. Continuity of care following discharge from hospital is critical, yet this is a time when individuals often lose contact with health care services. Offline brief contact interventions following a suicide attempt can reduce the number of repeat attempts, and text message (short message service, SMS) and web-based interventions are evaluated in this article.

Read more...

DCO 2018 Upcoming Events and Schedule of Meetings

**Board of Directors Meetings**
September 2018 - TBD
Wednesday, November 21, 2018
Wednesday, January 23, 2019
Thursday, April 26, 2019
Thursday, June 13, 2019

**Finance Committee Meetings**
Wednesday, October 17
Friday, December 14

**ONTX Steering Committee**
Monday, September 10
Tuesday, October 9