

moving forward through partnerships | aller de l'avant grâce à des partenariats

Join the June **Lunch & Learn** session on Tuesday, June 2, 2015. This session on **Not-for-Profit Organizations: Addressing Insurance Needs and Concerns**, presented by Paul Spark from HUB Insurance International HKMB Ltd., is for Distress Centre leadership, Executive Directors/Coordinators, Staff, and Board Members. Registration is open till Friday, May 29th. [Click here to register!](#)

May 2015

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National Collaborative for Suicide Prevention

Canada's national collaborative for suicide prevention wants us to imagine living in a country where everyone knows how to ask for help and gets the help they need. *Out of the Shadows at Last* is a collaboration between the Mental Health Commission of Canada (MHCC), the Canadian Association for Suicide Prevention (CASP), and the Public Health agency of Canada to transform and take collective action on suicide prevention, mental health, and addictions in Canada and make change on a federal level. [Read more.](#)



Learning Forums: Human Trafficking

DCO Learning Forums has put the spotlight on the issue of human trafficking as it pertains to Ontario and Canada. The issue is a significant one, particularly on the domestic front, meaning it takes place within our own borders. Distress line call responders may not necessarily identify a call as being that of human trafficking, but certainly may be responding to individuals who find themselves in difficult situations as a result of being coerced into this illegal offence. [Read more.](#)



The Art of Apology: Acceptance, Commitment, Contrition

Two seasoned professional

The Top Five Most Promising Trends in Philanthropy

Impact investing is seen as the most promising

communicators, Carol Panasiuk and Jacqui d'Eon, believe business communications should be both disciplined and creative. Through their work at *The Communications Department*, they provide



advice and guidance to organizations on a host of public relations strategies that range from media communiques to increasing business engagement and risk management. They presented recently at the Spring DCO Conference to Distress Centre leaders, hosted in Niagara Falls. [Read more.](#)

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Fundraising in a Small Shop

It's difficult to gauge exactly how many small not-for-profits and registered charities operate in Canada. There is great debate on how to define a small shop. Should the definition be based on the number of individuals responsible for fundraising? The operational budget of the organization? The fundraising revenue or the total number of salaried employees? Or should it be a combination of these or other factors? [Read more.](#)



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New Minimum Wage Changes in Ontario

As of October 1, 2015, Ontario's minimum wage will increase with amendments to the Employment Standards Act, 2000 to tie the minimum wage in Ontario to the Consumer Price Index. The general minimum wage will rise to \$11.25, student minimum wage to \$10.55, and liquor servers will make \$9.80 per hour.

Upcoming Events and Centre News

Lunch & Learn Session (for Distress Centre leadership) June 2 at 12:00 pm
NFP Organizations: Addressing Insurance Needs and Concerns



DCO 2015 Fall Conference
September 24-25
Location: GTA

DCO 2015 Annual General Meeting
Friday, September 25

Spirit of Volunteerism Recognition Dinner

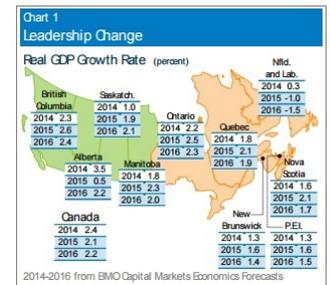
trend by most philanthropists, according to the BNP Paribas Individual Philanthropy Index 2015. Collaborative philanthropy and Sharing of data, best practices, needs and skills closely follow impact investing



as promising trends. Addressing root causes of social problems rather than treating the symptoms of those problems is the next promising trend, and Venture philanthropy, the type of giving that melds philanthropy with a venture capital structure, is ranked as the fifth most promising trend worldwide. [Read more.](#)

Canada's Regional Outlook: Shaken, Not Stirred

Though the Canadian economy grew at a solid clip the second half of 2014, we will likely be tripped up by the slide in oil prices through the first half of 2015. Real GDP (gross domestic product) is forecast to expand at a decent 2.1% clip on the year, down modestly from a 2.4% pace in 2014. While there are offsetting positives to contain its impact, we judge that the drop is a net negative for Canadian growth, particularly capital spending. Most dramatically, the oil price slide will significantly shake up the regional growth landscape and the fiscal backdrop. [Read more.](#)



Upcoming Meetings

Board of Directors
July 8
September 16
September 25 (AGM)
November 11

Education Committee
May 28
June 25
July 23
August 27

Finance Committee
July 6



Friday, September 25

Upcoming Learning Forums Videos

June: Victim Services

July: Newcomers and Settlement Issues

August: First Nations – Cultural Sensitivity

Oakville Distress Centre's [Defeat Depression Walk](#)

May 30, 2015

Please join us for this event to raise mental health awareness in our community and support the Oakville Distress Centre. Bring your family, friends and pets to walk or run a scenic route through Lions' Valley Park.

Toronto Distress Centres' [18th Annual B.A.D. Ride](#)

May 31, 2015

Join over 1,000 sport bikes, cruisers, tourers, choppers, customs, scooters, trikes, and rat bikes on this awesome ride the last Sunday of May. All wheels welcome in the 18th annual B.A.D. Ride! All monies raised by The B.A.D. Ride participants will continue to support ongoing services and new initiatives that build both individual and community resiliency.

Distress Centre Ottawa & Region is sponsoring a [SafeTALK workshop](#) on June 5, 2015 – 9:00 am to 12:00 pm.

Registration \$50.00 per person.

Distress Centre Niagara hosts their [3rd Annual Charity Golf Tournament](#) on Friday, June 5, 2015 at Hunters Pointe Golf Club in Welland, Ontario.

Durham Distress Centre: Deer Creek Cares Charity Golf Tournament

August 13, 2015

Located at Deer Creek Golf Club in Ajax, DCD has been chosen as the charity of choice by employees at Deer Creek for their Annual Golf Charity Tournament. All funds from the tournament will go to Distress Centre Durham.

Please [email us](#) to share your centre's news and upcoming events in e-News & Views.

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September 7

November 9

ONTX Steering Committee

May 27

ONTX Working Group

Weekly on Fridays

[Distress Centres Ontario](#)

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