

September 2016

Can Post-Discharge Follow-Up Contacts Prevent Suicide and Suicidal Behavior?

The time after discharge from psychiatric hospitalization is one of heightened risk for suicide and repeat suicide attempts for patients. The majority of post-hospitalization suicides occur during the first month after discharge with the peak of suicides occurring within a week after discharge. Some studies have shown the rate of suicide during first month after discharge to be more than one hundred times the rate in the general population.



[Read more...](#)

Patients with Drug-Related Suicide Attempts Who Left Emergency Rooms Against Medical Advice

Suicide attempts and death by suicide are significant public health issues in the United States. In 2014, more than 1.1 million adults aged 18 years or older in the United States (0.5 percent) attempted suicide in the past year. A history of previous suicide attempts remains one of the most important risk factors for death by suicide. As many as 39 percent of people who die by suicide had been seen in an emergency department (ED) in the year before their death.



[Read more...](#)

9th Annual Spirit of Volunteerism: Introducing the 2016 Nominees, Part Two

On Monday, June 20, DCO was very pleased to celebrate our Spirit of Volunteerism nominees and recipients during a wonderful evening at BMO Learning Centre. The evening

was emceed by DCO's Executive Director, Elizabeth Fisk, and the trophies and certificates were presented by DCO's new Board Chair, Alison Caird.

This month, it is our pleasure to introduce you to the second group of nominees from this year's SOV recognition.

[Read more...](#)



National Suicide Prevention Service: An Update

It has been a very busy month and your colleagues are working to help move this worthwhile project along.

Thanks to everyone who is participating. Please click the Read More link below for a brief update on the past month's activities.

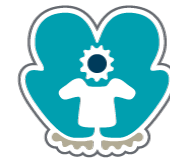


[Read more...](#)

CASP Conference: October 26-29, 2016

One of DCO's member organizations, Nunavut Kamatsiaqtut Helpline, is hosting this year's CASP conference in Iqaluit, Nunavut on October 26-29, 2016.

This year's CASP conference will have a Northern focus, with the theme of Hope, Help, and Healing. The conference will be of interest to all who practice in the areas of social and individual wellness, suicide prevention, and the reduction of suicide.



Hope • Help • Healing

October 26 – 29, 2016

Iqaluit, Nunavut

[Read more...](#)

DCO Upcoming Events and Schedule of Meetings

Board of Directors

October 19

Upcoming Learning Forums Videos

Obsessive Compulsive Disorder (OCD)

Mental Health First Aid

Children's Aid and Duty to Report



News from our Member Centres



Distress Centres Toronto (Downtown)

To commemorate International Survivors of Suicide Loss Day, Distress Centres' Survivor Support Program is hosting two events:

1. Our Annual Flag Raising at City Hall in Toronto at Nathan Phillips Square, Upper Podium
November 18, 12 pm

For those who can make it, we will be meeting outside 10 Trinity Square, the location of Canada's first survivor program, and walking from there.

2. First Annual Support Through Connection: A Healing Conference for Survivors of Suicide Loss

Metro Hall, 55 John St, Toronto 9:30 am - 4 pm

For more information please contact Alex Shendelman, Program Manager, Survivor Support Program, 416-595-1716, or alex@torontodistresscentre.com.

Nunavut Kamatsiaqtut Help Line

Nunavut is pleased to host the 2016 Canadian Association for Suicide Prevention conference this year. The theme is Hope, Help, and Healing, and it takes place October 26 - 29, 2016 in Iqaluit, Nunavut. [Click here for more information.](#)

Please [email](#) us to share your centre's news and upcoming events in e-News & Views.

Distress and Crisis Ontario | Centres de Détresse et des Crises d'Ontario
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