





Register Now for 2013 Fall Networking Days

DCO is looking forward to two days of programming for member centre Executive Directors, staff, board members, and leadership volunteers. The 2013 Fall Networking Days will provide opportunities for learning, sharing, networking, and celebration, and we hope that you will join us on September 19th and 20th. Registration is now open for one or both days. Read more.



July 2013

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Member Centre News and Upcoming Events Announcing DCO's Fall Networking Days 2013 Guest Speakers

We are pleased to announce our presenters for DCO's 2013 Fall Networking Days at the Novotel Hotel in September. The conference begins on Thursday with guest speaker, Allan Strong, as he presents Getting on with the Business of Living.. Spend Friday morning at Paula Blackstien-Hirsch's Quality Improvement Workshop, as she shows us the tools needed to develop an organizational quality assurance plan for your centre. Read more.



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2013 Spirit of Volunteerism Recognition Reception and Dinner

We invite you to join us as we celebrate our 2013 Nominees and Recipients of the Annual Spirit of Recognition with a special reception and dinner on Friday, September 20th. Read more.



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Upcoming Events:

2013 DCO Fall
Networking Days
September 19,
1pm - 5pm
September 20,
9am - 5pm
Novotel Hotel, 3670
Hurontario St,
Mississauga, ON
Click here to register

2013 DCO AGM September 20, 5:30 pm (time approx) Novotel Hotel, 3670 Hurontario St, Mississauga, ON

2013 SOV Recognition Dinner September 20, 6:30 pm Novotel Hotel, 3670 Hurontario St, Mississauga, ON Click here to register

New content each month!
learningforums.ca
Get a password through your centre's volunteer coordinator.

2013 DCO Committee Meetings:

Board of Directors
Meetings
September 19, 9
am (in-person)
September 20,
following AGM (inperson)
November 13, noon
(teleconference)
January 8, 2014,

COAST Niagara

By Leah Morrigan

The people of the Niagara region are amazingly well taken care of with the all-inclusive COAST team available to provide support services to people in crisis and with mental health issues. Read more.



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Learning about our callers: Updating the call report compatibility review

The Distress Centres who make up DCO have always stood by our mission to empower, empathize, and support those who need our services. Through the collection of demographic information, call topics and the outcomes resulting from these calls, individual centres, and we as an association have the opportunity to better understand the needs of our communities. Read more.

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Interviewing for Success: How to Conduct E?ective Volunteer Interviews

By Erick C. Lear

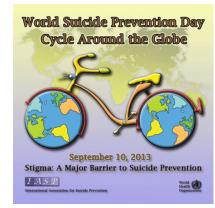
Of the many challenges volunteer administrators face - retention, motivation, recruitment and program funding are just a few that quickly come to mind - the volunteer interview may seem to be the least worrisome. After all, interviewing a prospective volunteer can be considered much like a campaign pitch, right? "These are all the wonderful things we do at our agency, please come help us!" Sound familiar? Read more.



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World Suicide Prevention Day 2013

The International Association for Suicide Prevention (IASP) and the World Health Organization (WHO) are co-sponsoring World Suicide Prevention Day on September 10th. The theme of this 11th anniversary event is "Stigma: A Major Barrier for Suicide



noon (in-person) Mar ch 19, 2014 noon (teleconference)

Prevention." Read more.

Education Committee Thursdays: 9:30 am

August 22 September 26 October 24 November 28

Finance Committee Meetings: 3:30 pm September 13

November 8 January 6, 2014 March 12, 2014

Governance Committee August 14, 1 pm September 18, 3 pm

SIOM Oversight Committee TBD

SIOM Working Group Committee August 12, 10 am

Join Our Mailing List!

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Member Centre News and Upcoming Events

Distress Centre Durham
September 7th - Walk for Suicide Awareness
Call 905-430-3511 or click here for more information.

London & District Distress Centre September 19th, 7 pm - London & District Distress Centre Annual General Meeting 255 Horton Street, London

October 10th - World Mental Health Awareness Day

London & District DC will be hosting <u>Daybreak 2013</u> "Mental Health in the Workplace"

from 7 am - 10 am at Best Western Lamplighter Inn, London.

Registration: before Sept 15 - \$40; after \$50 Call 519-667-6542 for more information.

Distress Centre Niagara

September 8th - 8th Annual Suicide Awareness Walk Visit <u>distresscentreniagara.com</u> for more information.

Distress Centre Windsor-Essex August 17th - Mini-Golf FUNdraiser August 25th - Wendy's Community Day September/October - Fall Training Session Call 519-256-5009 for more information.

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dcontario.org

