

October 2018

November 27 is Giving Tuesday

After the consumer frenzy of Black Friday and Cyber Monday, Giving Tuesday is the time to think about giving back and about how you can help your community and those in need. November 27, 2018 is Giving Tuesday.

This year marks the 6th anniversary of the movement in Canada. It's the opening day of the giving season for the 2018 holidays and provides an opportunity to bring change and encourages the donation of time, resources, and talents to our communities.

[Read more...](#)



Women's History Month

In our March edition of *e-News + Views*, we took the opportunity to celebrate the achievement of women who contributed to the development of Distress Centres in Ontario. This month, Women's History Month in Canada, is an opportunity for us to draw inspiration from individuals who, through their trail-blazing efforts, have helped our DCO women move towards more responsible achievements. We recognize pioneering Canadian women in politics, social work, publishing, law, medicine, and even in space, in our special salute.

[Read more...](#)



How to Protect Your Organization from Phishing Attacks

Phishing attacks are getting more sophisticated each day. Phishing is a cyberattack that uses fraudulent emails and fraudulent sites as weapons to target organizations for online theft.

[Read more...](#)



Recreational Cannabis in the Workplace Part 3: Cannabis and the Law

In the last of our three-part series on cannabis in the workplace, we examine the laws around the new cannabis legislation including the Federal Cannabis Act, and Ontario's Cannabis Laws. In this article, we highlight the key points in the federal Cannabis Act and the provincial cannabis-related restrictions specific to Ontario.



[Read more...](#)

Perceived Threat, Social Identification, and Psychological Well-Being: The Effects of Political Conflict Exposure

Responders at DCO member organizations have the opportunity to provide support to individuals who have arrived from areas that have experienced political conflict. This article examines the relationship between perceived intergroup threat and psychological well-being, while considering the mediating role of social identification and the moderating role of political conflict exposure.



[Read more...](#)

Call for Board Members for Distress and Crisis Ontario

Distress and Crisis Ontario is looking to add to its Board of Directors and is seeking three individuals to join the Board mid-term. As our association's board reflects many views and honours various perspectives, we hope to recruit a senior leader with one of our member organizations, and one strong community individual with demonstrable skills that will help move the association forward towards its goals.



[Read more...](#)

DCO 2018 Upcoming Events and Schedule of Meetings

Board of Directors Meetings

Wednesday, November 21
Wednesday, January 23, 2019
Thursday, April 26, 2019
Thursday, June 13, 2019

Education Committee Meetings

Thursday, November 29
Thursday, December 20

Finance Committee Meetings

Friday, December 14

ONTX Steering Committee

Wednesday, November 19
Wednesday, December 12

DCO Networking Days

January 24 - 25, 2019



Location TBA

Distress and Crisis Ontario | Centres de Détresse et des Crises d'Ontario
416.486.2242 | info@dcontario.org | dcontario.org

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