



**Mission:** To be an association that is the recognized leader in promotion, collaboration, and building capacity within organizations that provide distress and crisis response.

**Vision:** To foster an environment of collaboration and networking while providing universal access to support for individuals in distress and crisis.

## APPLICATION FOR BOARD OF DIRECTORS

The Ontario Association of Distress Centres, operating as Distress and Crisis Ontario (DCO) is a provincial network association that facilitates, promotes, and works to build the capacity of community-based agencies engaged in activities related to suicide prevention and improving the quality of life for Ontarians experiencing distress and mental health problems. Our Member centres provide telephone, chat, and/or text support, as well as referral services, to those in distress, crisis, and/or facing suicidal ideation throughout the province.

Our Board of Directors and Committees are accountable to our funders, a range of interested parties, and especially to the Member organizations of DCO. We work to meet the needs of our Members and help them develop their service networks in Ontario. Our success is measured by our ability to forge and sustain new partnerships with agencies, organizations, and stakeholders who share a similar interest in improving the lives of those facing significant emotional and mental health issues.

For more information on our mission, vision, and values please visit:

<https://www.dcontario.org/who-we-are/>

**Please provide your contact information:** (all asterisked fields are mandatory)  
Simply click on the highlighted box and type in your information.

Name\*: \_\_\_\_\_

Address\*: \_\_\_\_\_

City, Province\*: \_\_\_\_\_ Postal Code\*: \_\_\_\_\_

Home or Cell phone\*: \_\_\_\_\_

Work Telephone\*: \_\_\_\_\_

Employer/Organization\*: \_\_\_\_\_

Email Address\*: \_\_\_\_\_

\* ACCOUNTABILITY \* COLLABORATION \* EMPOWERMENT \* INCLUSION \* INTEGRITY \* LEADERSHIP \*

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The DCO Board of Directors is drawn from throughout the province and serve in their positions as either Executive Leaders or as Community Members. Each year they participate in four (4) Board Meetings in-person or VIA teleconference, an audit review meeting, the Annual General Meeting, and ad hoc meetings via teleconference as needed. All Directors are required to attend a minimum of three (3) of the quarterly meetings, the audit review, and the Annual General Meeting.

The Board functions primarily as a governance body, and occasionally the talents and skills of members are used to support our organizational directions. We ask that all Directors commit to being on the Board for a minimum of 2 years.

If you agree with the above, support the mission, vision, and values of DCO, and wish to be considered for nomination to the Board of Directors, please complete this application fully and forward it, along with a resume and three references, to [info@dcontario.org](mailto:info@dcontario.org). The references of only those applicants who are considered for final nominations will be contacted.

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1. I am interested in offering my services to the DCO Board of Directors or one of its committees because...

2. These are the strengths that I would bring to the DCO Board of Directors...

3. These are some perspectives or philosophies regarding emotional distress or mental health that might guide my decision making on the DCO Board of Directors...

4. I have skills and/or experience in the following areas...

- Adult Education
- Community Development and Advocacy
- Financial Management
- Health Services
- Human Resources
- Information and/or Call Centre Technology
- Legal Services
- Marketing
- Mental Health Services
- Organizational Development
- Program Development
- Public Relations
- Social Media

5. The following statements apply to me...

- I am over the age of 21 and live and/or work in the province of Ontario.
- I understand and support the vision, mission, and values of DCO.
- I understand that the Board is primarily a governance body, however the talents and skills of directors are often called upon to support the organizational priorities, and I will make those skills available voluntarily.
- I understand that before my nomination to the Board my references will be contacted.
- If elected to the Board of Directors, I can commit to attending the minimum number of in-person and/or teleconference meetings, as well as the audit review, and Annual General Meeting for a minimum of 2 years.

Application Submission Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Once you have completed this application, please save it as a file titled "DCO BoD Application – Full Name (For example, DCO BoD Application – John Smith). Please remember to include a copy of your resume and three references along with your application and send via email to [info@dcontario.org](mailto:info@dcontario.org). Thank you very much for your interest in serving on the Board of Directors of Distress and Crisis Ontario.